

# Emergency Action Plan: San Diego City College- Cross Country Route Morley Field (Off Campus)

**Address:** 2221 Morley Field Drive San Diego, CA 92104

## Venue Directions (from each Athletic Trainer station, red numbers 1-3 in photo below):

- Athletic Trainer #1: Travel on Upas St and then turn onto Texas St. Continue straight towards pool entrance.
- Athletic Trainer #2: Travel on Pershing Dr, enter the utility road heading west (across from the golf course). Continue on the dirt road until you reach the baseball field. Enter the gate on the first base side.
- Athletic Trainer #3: Travel on Upas St and turn onto Jacaranda Dr. Then make a right onto Jacaranda Pl and then a left onto Joe Schloss Way. Continue straight into parking lot

**AED Location:** With athletic trainer if present or wait for EMS to arrive.



### **Emergency Communication**

Call 9-1-1 - Be prepared to provide name, address, telephone number, number of individuals injured, current and updated condition of injured, first aid treatment being provided and specific directions; DO NOT HANG UP UNTIL INSTRUCTED!

### **Emergency Equipment**

Emergency equipment is emergency supplies brought to site by athletic trainer. May include the AED, splint kit, spine board, cervical collar, and wound care supplies. All supplies will be located at the main Athletic Trainer station at station one, near the start of the race.

### **Emergency Personnel-Chain of Command**

1. Athletic Trainer
2. Coaching Staff (Meet Director)
3. Other Support Staff (athletic director, athletic training students, facility coordinator)

### **Emergency Personnel Contact Numbers**

Head Athletic Trainer	Jayne Jenkins, MS, ATC	Cell: 858-442-0233
Assist. Athletic Trainer	Kayleigh Scott	Cell: 760-207-4063
Assist. Athletic Trainer	Danielle Rose	Cell:
Head Cross Country Coach	Marco Anzures	Cell: 619-818-2203
Athletic Director	Aaron Detty	Cell: 619-309-5819

### **Roles of First Responders/Emergency Personnel**

1. To establish scene safety and begin immediate care to the individual(s), done by most qualified personnel present and able
2. Ensure immediate activation of emergency medical system (EMS) via 9-1-1
3. Retrieve emergency equipment
4. Direct EMS personnel (ambulance) to scene
  1. Designate individual to "flag down" EMS and direct to scene; ensure parking lot is clear and accessible
  2. Crowd control: limit to sport medicine personnel and move bystanders (include players) away from area
2. Direct additional personnel to assist as needed
3. Present relevant insurance or emergency information to be transported with athlete if applicable and/or able
4. Contact primary emergency contact for the injured student athlete, as well as the athletic trainer if not present