



2019 Pacific Coast Athletic Conference Championships

October 25th, 2019 - Morley Field

Men's 4 Mile		4 mi				Men						
Team Rank	Team Name	Total Time	Avg. Time	Total	1	2	3	4	5	6	7	
1	San Diego Mesa College	1:46:40.5	21:20.1	15	1	2	3	4	5	6	7	
2	Cuyamaca	1:52:40.2	22:32.1	66	9	12	14	15	16	18	21	
3	SAN DIEGO	1:54:03.1	22:48.7	74	7	8	17	19	23	26	27	
4	Palomar	1:58:26.2	23:41.3	106	11	20	22	25	28	29	30	
5	Southwestern	2:07:30.3	25:30.1	133	13	24	31	32	33	34	35	

Place	Bib	Name	Year	Team	Avg. Mile	Time	Score
1	91	Woldu, Medhane	SO	San Diego Mesa College		21:17.9	1
2	80	Labra, Isaiah	SO	San Diego Mesa College		21:18.2	2
3	72	Brana, Bobby	SO	San Diego Mesa College		21:18.5	3
4	84	Rasmuson, Stefen	SO	San Diego Mesa College		21:18.8	4
5	70	Alcantar, Cristian	SO	San Diego Mesa College		21:27.2	5
6	82	Magana, Esteban	FR	San Diego Mesa College		21:34.0	6
7	117	Orduno, Anthony	SO	SAN DIEGO		21:47.8	7
8	112	Jimenez, Omar	FR	SAN DIEGO		22:10.2	8
9	2	Barone, Mario	FR	Cuyamaca		22:12.5	9
10	79	Ibarra, Ian	SO	San Diego Mesa College		22:22.4	10
11	51	Velasquez Campos, Miguel	FR	Palomar		22:26.0	11
12	86	Sanchez, Carson	FR	San Diego Mesa College		22:26.4	
13	75	Ferguson, Justin	FR	San Diego Mesa College		22:26.8	
14	9	Murray, Beau	SO	Cuyamaca		22:27.1	12
15	104	Prince, Rashad	FR	Southwestern		22:27.5	13
16	16	Smith, Jason	SO	Cuyamaca		22:32.8	14
17	7	Jordan, Elijah	FR	Cuyamaca		22:38.7	15
18	74	Dolores, Franky	FR	San Diego Mesa College		22:40.8	
19	11	Musa, Matthew	FR	Cuyamaca		22:49.3	16
20	111	Gonzalez, Cisgo	FR	SAN DIEGO		22:50.8	17
21	13	Owens, Ramon	FR	Cuyamaca		23:11.4	18
22	87	Stephanos, Gus	SO	San Diego Mesa College		23:15.2	
23	114	Luna, Sebastian	SO	SAN DIEGO		23:21.4	19
24	37	Carney, Robert	FR	Palomar		23:24.9	20
25	6	Jaques, Jose	FR	Cuyamaca		23:34.0	21
26	52	Zimbelmann, Patrick	FR	Palomar		23:40.0	22
27	113	Lozoya, Alan	FR	SAN DIEGO		23:53.1	23
28	96	Estevane, Anthony	FR	Southwestern		23:58.7	24
29	24	Gomez, Jeremiah	SO	Imperial Valley		24:02.8	
30	38	Collier, Maximus	FR	Palomar		24:18.6	25
31	119	Sandoval, Arturo	FR	SAN DIEGO		24:19.4	26
32	78	Hueso, Abraham	SO	San Diego Mesa College		24:29.6	
33	109	Cisneros, Adolfo	FR	SAN DIEGO		24:30.6	27
34	71	Barrera, Juan	FR	San Diego Mesa College		24:31.5	
35	83	Munoz, Andres	FR	San Diego Mesa College		24:31.7	
36	39	Cummiskey, Marcus	SO	Palomar		24:36.8	28

37	89	Torres, Carlos	FR	San Diego Mesa College	24:41.1	
38	88	Stohs, Cameron	SO	San Diego Mesa College	24:41.4	
39	90	Varela, Franky	FR	San Diego Mesa College	24:43.8	
40	118	Resendiz, Jose	SO	SAN DIEGO	25:00.3	
41	46	Ralph, Isaiah	FR	Palomar	25:29.4	29
42	49	Tobin, Christian	FR	Palomar	25:42.6	30
43	1	Adams, Alexander	FR	Cuyamaca	26:10.8	
44	116	Narvaza, Nico	FR	SAN DIEGO	26:16.6	
45	99	Juarez , Juan	FR	Southwestern	26:26.0	31
46	102	Moffett, Alex	FR	Southwestern	26:49.3	32
47	43	Mikes, Marcquie	SO	Palomar	26:54.4	
48	110	De Orta, Jose	FR	SAN DIEGO	26:58.1	
49	14	Papenfuss, Jacob	FR	Cuyamaca	27:28.8	
50	95	Dollero, Ricardo	FR	Southwestern	27:49.0	33
51	12	Olsen, Stuart	FR	Cuyamaca	27:49.6	
52	101	Lugo, Aaron	FR	Southwestern	27:53.9	34
53	92	Acuna, Aldo	FR	Southwestern	27:56.1	35
54	48	Ruiz, Aaron	FR	Palomar	28:14.5	
55	44	Morales, Irvin	SO	Palomar	28:36.1	
56	106	Reyes, Edwin	FR	Southwestern	30:08.2	
57	103	Olivera, Anthony	FR	Southwestern	33:43.6	
58	115	Morales, Angel	FR	SAN DIEGO	34:15.6	
59	108	Barrientes, Cole	FR	SAN DIEGO	36:52.1	
60	50	Tran, Brandon	FR	Palomar	39:01.5	

Women's 5K

Team Rank	Team Name	5 km			Women						
		Total Time	Avg. Time	Total	1	2	3	4	5	6	7
1	Palomar	1:47:37.2	21:31.5	31	2	3	5	8	13	19	22
2	San Diego Mesa College	1:50:26.0	22:05.2	48	1	4	6	7	30	37	
3	San Diego City College	1:57:03.3	23:24.7	71	9	10	11	20	21	29	33
4	Cuyamaca	2:01:11.1	24:14.3	93	12	15	17	23	26	32	
5	Imperial Valley	2:06:27.3	25:17.5	119	14	18	25	27	35	39	
6	Southwestern	2:08:35.6	25:43.2	133	16	24	28	31	34	36	38

Place	Bib	Name	Year	Team	Avg. Mile	Time	Score
1	69	Zuniga, Yahaira	FR	San Diego Mesa College		19:30.8	1
2	47	Rose, Addison	FR	Palomar		20:00.3	2
3	40	Delgadillo, Alexia	FR	Palomar		20:35.7	3
4	67	Leal, Adriana	FR	San Diego Mesa College		21:15.9	4
5	34	Beentjes, Jolie	SO	Palomar		21:26.0	5
6	65	Calegari, Grace	FR	San Diego Mesa College		21:37.5	6
7	68	Wright, Beyonce	FR	San Diego Mesa College		21:46.2	7
8	41	Frain, Brianna	SO	Palomar		22:08.4	8
9	57	Lopez, Joanna	SO	San Diego City College		22:23.4	9
10	63	Villarreal, Nayeli	FR	San Diego City College		22:43.2	10
11	55	Huerta, Yesenia	FR	San Diego City College		22:50.2	11
12	15	Prus, Ashley	FR	Cuyamaca		23:07.2	12
13	35	Beentjes, Mila	SO	Palomar		23:27.0	13
14	21	Collins, Johanna	FR	Imperial Valley		23:36.7	14
15	17	Smith, Natalie	FR	Cuyamaca		23:46.5	15
16	107	Stevens, Faith	FR	Southwestern		23:50.8	16
17	4	Dominguez, Lisset	SO	Cuyamaca		23:58.0	17
18	27	Pesqueira, Ayram	FR	Imperial Valley		24:01.0	18
19	36	Brown, Mckenna	FR	Palomar		24:29.4	19

20	56	Lopez, Calysta	FR	San Diego City College	24:32.8	20
21	62	Teresko, Emma	FR	San Diego City College	24:33.9	21
22	42	Maldonado, Lessli	SO	Palomar	24:49.6	22
23	8	Morillo, Jade	FR	Cuyamaca	25:00.7	23
24	94	Bellama, Jordan	FR	Southwestern	25:07.7	24
25	30	Torres, Mia	FR	Imperial Valley	25:15.6	25
26	10	Murrilo, Venicia	FR	Cuyamaca	25:18.8	26
27	20	Brown, Caitlin	FR	Imperial Valley	25:27.9	27
28	98	Healy, Ana	FR	Southwestern	25:30.8	28
29	58	Murray, Joann	SO	San Diego City College	25:52.9	29
30	64	Belliotti, Mykenzie	FR	San Diego Mesa College	26:15.8	30
31	93	Ambriz, Ericka	FR	Southwestern	26:37.3	31
32	5	Estrada, Rubi	FR	Cuyamaca	26:55.5	32
33	60	Saucedo, Barbara	SO	San Diego City College	27:12.5	33
34	105	Ramirez, Jacqueline	FR	Southwestern	27:29.1	34
35	59	Perez, Giselle	FR	San Diego City College	28:02.0	
36	32	Vasquez, Vita	FR	Imperial Valley	28:06.3	35
37	97	Gamino, Cassandra	FR	Southwestern	28:08.3	36
38	66	Gregg, Cameron	FR	San Diego Mesa College	28:11.2	37
39	100	Kerry, Anna	FR	Southwestern	29:27.0	38
40	1054	Leon, Belen	FR	IMPERIAL VALLEY	30:38.1	39
41	53	Gonzalez, Ingrid	SO	San Diego City College	33:25.6	

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